

Kathryn (Katie) Shradley, APHN student, presented at the 2014 National Gerontological Nursing Association Annual Convention:

On October 2 – 4, 2014, I had the luxury of attending the National Gerontological Nursing Association's Annual Convention in San Antonio Texas. My journey to the conference started in late winter 2014, when I was approached by an NGNA member to share my knowledge about Health Literacy in Older Adults. As I reviewed the abstract criteria, mission and goals of NGNA and the annual convention, it seemed like a good match for my interests and my skills. Most conferences are pretty descriptive in their abstract submission criteria, and so I wrote the abstract to match their needs with the knowledge and research I had come across in my studies.

On Saturday October 4th, I presented "The Age of Health Literacy: Addressing Understanding and Empowerment" as one of the breakout sessions available to conference attendees. It was a well-attended session! I was pleased to find others in the room interested in the topic as I was, and found it easy to share the information that I have grown passionate about. For other students interested in finding venues to share your research and knowledge, I would strongly suggest finding national conferences to share your skills! While the prep work and delivery of the content are important, you'll likely find a room full of peers who may even be just as passionate as you are. And, the more you can share your knowledge and disseminate the research - the better for us all!